



SHRI LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY

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B-4, Qutub Institutional Area, New Delhi – 110016

Phone: (91) 11- 46060606

Criteria-1

Curricular Aspects



1.2

Academic Flexibility

**English Version
(Write-up)**

1.2.1

Whether the University has designed and offered any Innovative Courses/ Courses in emerging area/ Sanskrit based courses including scientific and technical literature leading to both traditional and modern degrees (e.g. Shastri, B.Sc. etc) with combination of yoga/ Ancient and Modern Mathematics/ Economics/ Management/ Law/ Computer Science/ Theoretical Ayurveda/ Krishi-parashara/ Vrikshayurveda etc. If yes give details.

The university is dedicated to transforming education to align with contemporary scientific needs while preserving the timeless wisdom of Sanskrit literature. The programs offered include the Shastri (B.A.), Acharya (M.A.), Shiksha Shastri (B.Ed.), Shiksha Acharya (M.Ed.), self-financed PG Diplomas, Ph.D., and D.Litt., integrating both traditional and modern studies.

The **Shastri and Acharya programs** focus on Siddhanta Jyotish, an ancient Indian system of mathematics and astronomy. Students study foundational texts like *Siddhanta Shiromani* and *Surya Siddhanta*, providing them with the tools to calculate celestial movements and understand traditional Indian astrology. These programs also cover Vastu Shastra, offering insights into traditional Indian architecture through texts such as *Mayamatam* and *Samarangana Sutradhara*. In the field of Dharmashastra, students study *Yajnavalkya Smriti* and *Manu Smriti* for ancient jurisprudence and governance systems.

The **Abhinav Yoga Course**, a modern diploma program, combines yoga with natural medicine and health preservation, focusing on a holistic approach to well-being. The course includes anatomy, physiology, pharmacology, and practical yoga, equipping students with the knowledge to integrate yoga into physical and mental health practices. The university also offers a self-financed

certificate program in Ayurveda, teaching both theoretical and practical aspects of this traditional Indian system of medicine.

The **School of Darshan Shastras** offers courses in six schools of thoughts, including Nyaya, Mimansa, Jainism, Vedanta, and Sankhya Yoga. These programs explore logical reasoning, ethics, and spirituality, blending ancient philosophical traditions with modern relevance. Students study the eight-fold path of yoga, Nyaya's logic, and Mimansa's ritualistic duties, preparing them to critically engage with philosophical debates and apply them to contemporary issues.

Modern subjects are also integrated into traditional programs. The **Shastri program** includes courses in Political Science, Sociology, and Computer Science, with a focus on environmental education, human values, and human rights. This combination of ancient and modern subjects prepares students for roles that require spiritual leadership and social responsibility.

The **Shiksha Shastri (B.Ed.) and Shiksha Acharya (M.Ed.)** programs focus on Sanskrit language instruction, incorporating both traditional and contemporary teaching methods. These programs cover education philosophy, learning psychology, modern educational trends, and global issues such as gender studies and human rights. Students are prepared to tackle modern challenges in the education sector while promoting inclusive, holistic learning environments.

The **Shiksha Acharya program** extends this curriculum with research methodology, statistics, educational technology, and guidance for educational planning. It also covers information and communication technology, fostering expertise in both traditional Sanskrit education and modern pedagogical trends. This well-rounded curriculum enables educators to conduct research and impart knowledge effectively across various levels of Sanskrit education.

In addition to traditional subjects, the **Sahitya Shastra** curriculum, conducted by the university, includes modern papers to provide a comprehensive education in both ancient and contemporary knowledge systems. This balanced approach equips students with the skills to succeed in academic, social, and leadership roles across different sectors.